Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 00:00 on Saturday 08 Jul 2023 until 23:59 on Sunday 09 Jul 2023

Forecast Issued on Friday 07 Jul 2023 at 15:47 by Met Office Aberdeen

Confidence: Low for timing and extent of rain or thunderstorms on Saturday. Low for extent of any showers on Sunday. High for showery weather early next week.

Headline for Saturday 08 Jul 2023: Windy with late afternoon and evening rain or thunderstorms

Mountain weather hazards on Saturday 08 Jul 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** Low Likelihood
Gales Medium Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** Low Likelihood
Thunderstorms Medium Likelihood	**Heavy persistent rain** Medium Likelihood	**Strong sunlight** High Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Clear night	Sunny	Sunny	Sunny	Sunny intervals	Sunny intervals	Thunderstorm	Heavy Rain
Precipitation probability							
00%	00%	00%	00%	10%	30%	60%	70%

Forecast for Saturday 08 Jul 2023

Weather: Dry and sunny in the morning. Then clouding over with showers or thunderstorms extending north later in the afternoon and evening although the north of the area may remain dry until mid-evening.

Chance of cloud-free hill tops above 800m: 70%

Low cloud and visibility: Good visibility with cloud above the summits for much of the day. Cloud lowering to 900 metres in rain through the evening, and as low as 500 metres towards midnight. West coast ranges should be afforded some shelter though.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Saturday 08 Jul 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	26/32 SE	33/39 E	37/44 E	36/46 E	30/41 SE	29/37 S	19/24 S	8/11 S	7/11 NE
900	22/28 SE	29/35 E	32/40 E	32/42 E	30/40 SE	27/36 S	18/23 S	8/11 S	6/10 NE
600	20/26 SE	21/27 E	22/30 E	24/34 E	23/33 SE	20/29 S	12/18 S	5/8 S	5/8 E
300	3/18 E	4/23 E	4/27 E	9/31 E	11/34 SE	8/28 S	2/17 S	1/7 SW	2/8 N
Glen	14/21 E	16/27 E	16/31 E	18/35 E	16/33 SE	11/23 S	5/14 S	3/7 E	4/7 N

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	12/8	12/7	12/7	14/8	17/11	15/10	13/10	12/10	10/9
900	12/9	12/8	13/8	15/9	18/12	16/11	13/10	12/11	11/10
600	15/11	14/11	15/11	18/13	21/15	18/14	16/14	14/14	13/12
300	15/15	14/14	16/16	20/19	24/22	21/20	18/18	16/16	15/15
Glen	19/16	18/15	19/16	23/19	26/23	23/22	20/20	18/18	16/16
Freezing Level*	2900m	2800m	2700m	2900m	3200m	3200m	3100m	3000m	2800m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Be prepared for summit gales in the morning. Increasing risk of lightning strikes, torrential rain and poor visibility in the evening.

Forecast for Sunday 09 Jul 2023
Weather: Chance of some heavy rain in the early hours across the north, but this clearing away soon after dawn. Then the rest of the day will be warm with sunny intervals, one or two showers breaking out in the afternoon chiefly inland. Otherwise a reasonable amount of dry weather expected. Much less windy than on Saturday.

Maximum wind: Southwesterly 15 mph

Chance of cloud-free hill tops above 800m: 80%

Low cloud and visibility: Good visibility with cloud expected to be above summits

Temperature: **Glens:** Plus 13 rising to 22 Celsius
At 800m: Plus 12 Celsius
Freezing level: Above summits

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